**Classroom and Group Mindsets & Behaviors Action Plan**

The ASCA Mindsets & Behaviors guide the planning and delivery of all student activities and interventions. The purpose of the classroom and group Mindsets & Behaviors action plan is to provide an overview of the delivery of direct services in large group (LG), classroom (Class) and small group (SG) settings. This plan presents the topics addressed, and the annual calendar presents schedule of all classroom and groups activities.

Use the classroom and group Mindsets & Behaviors action plan to identify all ASCA Mindsets & Behaviors addressed through classroom and group activities. While some activities address multiple ASCA Mindsets & Behaviors, list the activity with the primary mindset or behavior addressed by the activity. It is not necessary to repeat activities with all ASCA Mindsets & Behaviors addressed through that activity.

**School Name:**

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| **Mindsets** | **Activity** | **Participants** | **Class/LG** | **SG** |
| M 1. Belief in development of whole self, including a healthy balance of mental, social/ emotional and physical well-being |  |  |  |  |
| M 2. Self-confidence in ability to succeed |  |  |  |  |
| M 3. Sense of belonging in the school environment |  |  |  |  |
| M 4. Understanding that postsecondary education and lifelong learning are necessary for long-term career success |  |  |  |  |
| M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes |  |  |  |  |
| M 6. Positive attitude toward work and learning |  |  |  |  |
| **Behavior Learning Strategies** | **Activity** | **Participants** | **Class/LG** | **SG** |
| B-LS 1. Demonstrate critical-thinking skills to make informed decisions |  |  |  |  |
| B-LS 2. Demonstrate creativity |  |  |  |  |
| B-LS 3. Use time-management, organizational and study skills |  |  |  |  |
| B-LS 4. Apply self-motivation and self-direction to learning |  |  |  |  |
| B-LS 5. Apply media and technology skills |  |  |  |  |
| B-LS 6. Set high standards of quality |  |  |  |  |
| B-LS 7. Identify long- and short-term academic, career and social/emotional goals |  |  |  |  |
| B-LS 8. Actively engage in challenging coursework |  |  |  |  |
| B-LS 9. Gather evidence and consider multiple perspectives to make informed decisions |  |  |  |  |
| B-LS 10. Participate in enrichment and extracurricular activities |  |  |  |  |
| **Behavior Self-Management Skills** | **Activity** | **Participants** | **Class/LG** | **SG** |
| B-SMS 1. Demonstrate ability to assume responsibility |  |  |  |  |
| B-SMS 2. Demonstrate self-discipline and self-control |  |  |  |  |
| B-SMS 3. Demonstrate ability to work independently |  |  |  |  |
| B-SMS 4. Demonstrate ability to delay immediate gratification for long-term rewards |  |  |  |  |
| B-SMS 5. Demonstrate perseverance to achieve long- and short-term goals |  |  |  |  |
| B-SMS 6. Demonstrate ability to overcome barriers to learning |  |  |  |  |
| B-SMS 7. Demonstrate effective coping skills when faced with a problem |  |  |  |  |
| B-SMS 8. Demonstrate the ability to balance school, home and community activities |  |  |  |  |
| B-SMS 9. Demonstrate personal safety skills |  |  |  |  |
| B-SMS 10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities |  |  |  |  |
| **Behavior Social Skills** | **Activity** | **Participants** | **Class/LG** | **SG** |
| B-SS 1. Use effective oral and written communication skills and listening skills |  |  |  |  |
| B-SS 2. Create positive and supportive relationships with other students |  |  |  |  |
| B-SS 3. Create relationships with adults that support success |  |  |  |  |
| B-SS 4. Demonstrate empathy |  |  |  |  |
| B-SS 5. Demonstrate ethical decision-making and social responsibility |  |  |  |  |
| B-SS 6. Use effective collaboration and cooperation skills |  |  |  |  |
| B-SS 7. Use leadership and teamwork skills to work effectively in diverse teams |  |  |  |  |
| B-SS 8. Demonstrate advocacy skills and ability to assert self, when necessary |  |  |  |  |
| B-SS 9. Demonstrate social maturity and behaviors appropriate to the situation and environment |  |  |  |  |